

IMPORTANT NOTICE

IF YOU HAVE FLU SYMPTOMS INCLUDING:

Fever, headache, tiredness, dry cough, sore throat, nasal congestion and body aches



1

Cover Your Cough and Sneeze

- Use a tissue to cover your mouth and nose when you cough or sneeze
- Drop your used tissue in a waste basket
- You may be asked to wear a mask if you are coughing or sneezing



2

Clean Your Hands

- Wash your hands with soap and warm water, clean with gels, or wipes with alcohol
- Cleaning your hands often keeps you from spreading germs